



## **Laser Procedure With or Without Biopsy**

*Please let the office know if you are currently taking any anticoagulants (i.e. Coumadin, (warfarin), Plavix (clopidogrel), aspirin).*

### **Day of the Procedure:**

- The physician will obtain informed consent and any further questions about the procedure will be discussed.
- You will be seated in an exam chair and a local anesthetic will be administered to make the procedure more comfortable.
- You will be given glasses to wear to protect your eyes during the procedure.
- A flexible scope will be passed through your nose and into your larynx, and laser and biopsies may be obtained.

### **During the Procedure:**

- You will note a bitter taste from the anesthetic sprays given.
- You may note some difficulty swallowing during and/or after the procedure.
- You may experience a gagging sensation or light-headedness.

### **After the Procedure:**

- You may experience mild discomfort that should not last for more than the first few days and difficulty swallowing due to anesthetic used.
- You are asked to not eat or drink anything for 90 minutes after the procedure. After this time period, there are no restrictions on what you eat or drink.
- You may cough up blood-tinged mucus the first few days after the procedure.
- If biopsies were obtained during the procedure, it takes approximately one week and sometimes longer for results to finalize.